



Develop Your Mental Toughness !!

Thursday, February 18th
7:00pm

Parisi Speed School

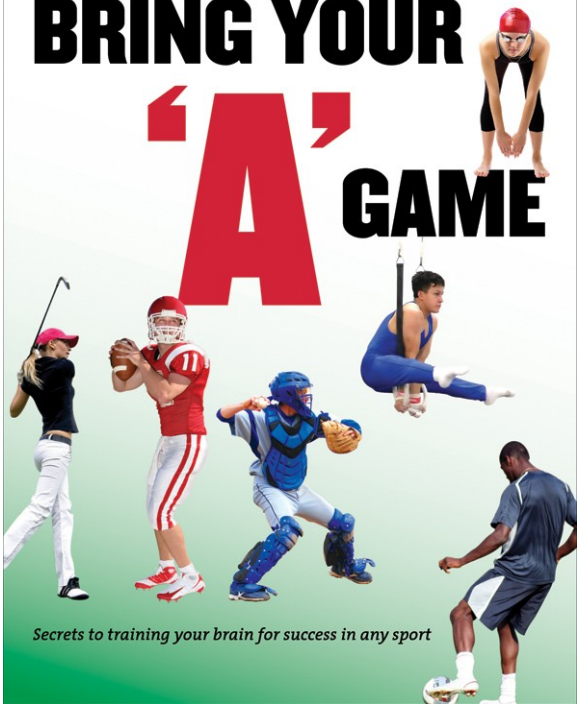
Jennifer L. Etnier, author of book
“Bring Your ‘A’ Game, will be
giving a lecture on methods to
develop mental toughness in
athletes.

Dr. Etnier is an associate
professor of Kinesiology at the
UNCG. She is trained in Sport
Psychology and is a former Soccer
player and coach.

The Club @ Oak Branch
21-A Oak Branch Dr
Greensboro, NC 27407

A Young Athlete's Guide to Mental Toughness
Jennifer L. Etnier, Ph.D.

**BRING YOUR
'A' GAME**



Please call to
register in
advance!
478-2663